

COSTA RICA & PANAMA

2023-24

- Aboard the 24-cabin M/S Panorama
- Dec. 2023 - Mar. 2024
- 8-day cruises from Puerto Caldera, Costa Rica to Colon 2000, Panama or Reverse, Transiting the Panama Canal



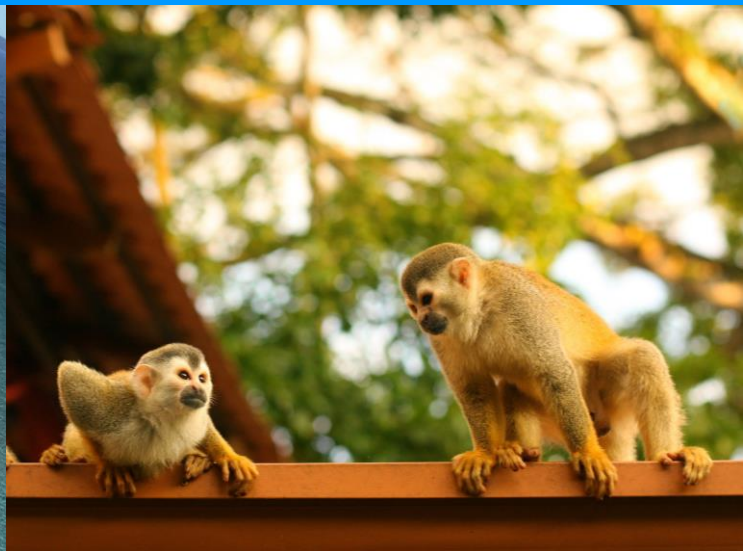


AT A GLANCE

Grab your camera and embark on a journey through a limitless canvas of color, beauty, sound, and aroma. Venture deep into the countries' national parks, in the search for macaws, sloths, howler monkey and dolphins along with our on board Naturalist. Cross the legendary Panama Canal. Swim through the crystal clear waters off Granito de Oro and Coiba Islands, soar through a rainforest canopy, and dance with Emberra Indians.. Pura Vida!. Did we mention some of the activities from which you can choose from including snorkeling, lectures, guided tours, and zip-lining? A Costa Rica & Panama Canal cruise is one full of adventures, excitement and lifetime memories.

Highlights include:

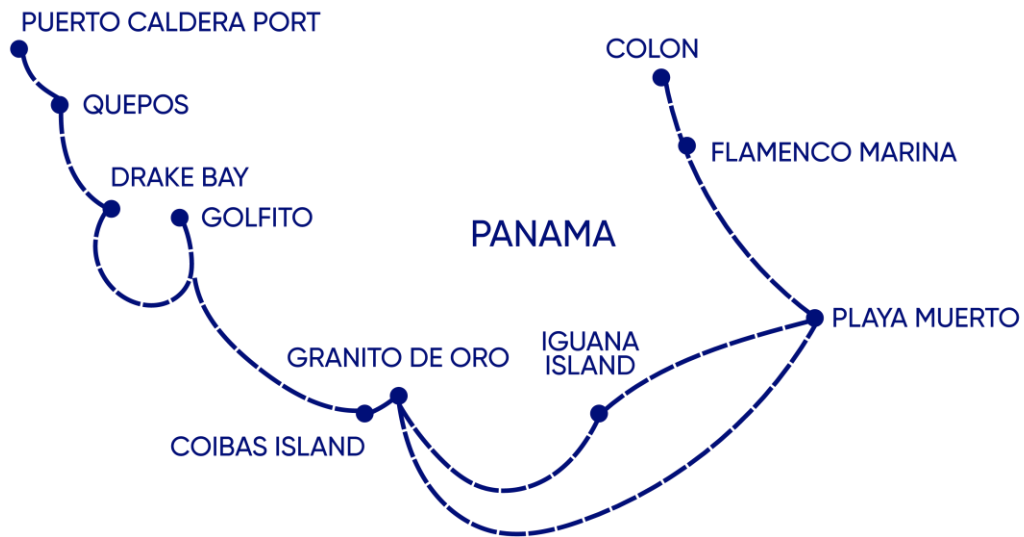
Panama canal crossing – Corcovado National Park - Manuel Antonio National Park – Drake Bay – Playa Muerto



PUERTO CALDERA, COSTA RICA TO COLON, PANAMA ON THE M/S PANORAMA | 2023/24



COSTA RICA



DAY 1 - PUERTO CALDERA – QUEPOS , COSTA RICA

Embarkation 3-4pm. Welcome drinks, safety drill and sailing to Quepos. Overnight at anchor.

DAY 2 - QUEPOS – PLAYA BIESANZ, COSTA RICA

Optional Morning Excursion to MANUEL ANTONIO RESERVE, one of the highlights of the cruise. After lunch on board, you can take the optional Forest Canopy excursion. Afternoon sailing to nearby Playa Biesanz for an afternoon swim. (Forest Canopy tour excursion participants rejoin the ship in Playa Biesanz). Tropical evening on board. Late night sailing to Drake Bay. Overnight at sea.

DAY 3 - DRAKE BAY – GOLFITO, COSTA RICA

OPTIONAL EXCURSION IN THE CORCOVADO NATIONAL PARK / OSA PENINSULA, a nature preserve and tropical rainforest that occupies almost a third of the Osa Peninsula. Visitors are almost guaranteed to see some of the most incredible wildlife living in the jungles of the reserve including red-eyed tree frogs, quetzals, tapirs, harpy eagles, white-lipped peccaries, monkeys, and scarlet macaws. Swimmers can have the amazing opportunity to share the warm waters with marlins, dolphins, and pilot whales. Early afternoon sailing to Golfito.
IMMIGRATION PROCEDURES AT ANCHOR.

PUERTO CALDERA, COSTA RICA TO COLON, PANAMA ON THE M/S PANORAMA | 2023/24



DAY 4 - GRANITO DE ORO – COIBA, PANAMA

Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba. Overnight at sea.

DAY 5 - IGUANA ISLAND, PANAMA

Morning arrival at Iguana Island, a wildlife-rich territory, a bird-watching paradise, and key sanctuary for frigate birds. Snorkel the shallow reefs at the protected Isla Iguana Bay. Free time for swimming and snorkelling. You will see lots of colorful tropical fish, Morey Eels, Rays and even turtles swimming in the warm Pacific waters. On land you will spot crabs and iguanas. The wildlife refuge of Isla Iguana was founded in 1981 and includes over 50 hectare of land and water. The island is a snorkeling and diving paradise as it has the biggest area of well-preserved coral reefs in the Gulf of Panama with 17 different coral species, more than 350 tropical fishes and over 200 species of invertebrates.

DAY 6 - PLAYA MUERTO, PANAMA

Optional excursion in the Darien National park. We are then welcomed by Embera Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We return to ship for lunch and sail to Panama City Flamenco Marina.

DAY 7 - PANAMA CITY – PANAMA CANAL TRANSIT

Morning Optional Panama City tour. Discover the old Panama City, Casco Viejo, its architecture, cathedrals and historical buildings. We return to the ship for lunch, and the ship is positioned at the Canal entrance for the Canal transit starting at 17.00 pm. We reach and cross the Pedro Miguel and Miraflores Locks before we enter the Gatun Lake and cross the Gatun Locks.

DAY 8 - COLON – COLON 2000 PORT, PANAMA

Disembarkation at 9:00 am after breakfast.



Itineraries can be changed at the discretion of Variety Cruises and of the Vessel's Captain in case of adverse weather conditions - winds of 6/7 Beaufort or more depending on the vessel- on port authorities not allowing a vessel to leave port or in case of other extraordinary conditions. Such itinerary changes do not automatically entitle passengers to any refunds, but Variety Cruises guarantees that passengers are disembarked at the advertised port of disembarkation on time for their flights.

COLON, PANAMA TO PUERTO CALDERA, COSTA RICA ON THE M/S PANORAMA | 2023/24



COSTA RICA



DAY 1 - COLON - COLON 2000 PORT, PANAMA

Embarkation at 11am-12pm in Colon 2000. Welcome cold snack and salad bar. Safety drill and departure at 13:00. The ship is positioned at the Canal entrance for the Canal transit starting at 17.00 pm. We cross the Gatun Locks and enter the Gatun Lake. Welcome dinner. Late evening we reach and cross the Pedro Miguel and Miraflores Locks before reaching the Pacific side and Panama City in the early hours.

DAY 2 - PANAMA CITY – MARINA FLAMENCO, PANAMA

Early morning arrival at Flamenco Marina, Panama City. Morning Optional Panama City tour to discover the old Panama City, Casco Viejo, its architecture, cathedrals and historical buildings. Late afternoon sailing to Darien.

DAY 3 - PLAYA MUERTO, PANAMA

Morning optional excursion in the Darien National park. We reach Playa Muerto by tenders (wet landing) and reach an Emberra Village where we are welcomed by Emberra Indians, one of the 7 indigenous groups living in Panama. They are proud and very friendly and known for their beautiful handicrafts and well preserved traditions. We will be invited to dance with them. We return to the ship for lunch. Afternoon sailing to Granito de Oro Island. Overnight at sea.

COLON, PANAMA TO PUERTO CALDERA, COSTA RICA ON THE M/S PANORAMA | 2023/24



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Midday arrival in Granito de Oro for swimming and snorkeling in a pristine environment. Deck BBQ and sailing to nearby Coiba Island, a UNESCO World Heritage Site and the largest island in Central America. Afternoon walking tour with our Ship Naturalist who will take you for a short walk to discover the local forest and animal life. Free time for swimming and snorkeling on Coiba. In the afternoon, we leave Coiba. Overnight at sea.

DAY 5 - GOLFITO – DRAKE BAY, COSTA RICA

We reach Golfito in the early morning for immigration procedures and our optional shore excursion to Casa Orchideas. Late afternoon departure towards Drake Bay. Late evening arrival in Drake Bay and overnight at anchor.

DAY 6 - DRAKE BAY – QUEPOS, COSTA RICA

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DAY 7 - QUEPOS – PLAYA BIESANZ, COSTA RICA

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DAY 8 - PUERTO CALDERA, COSTA RICA

Disembarkation at 9:00 am after breakfast.



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SAILING DATES

From Puerto Caldera Port, Costa Rica to Colon 2000, Panama	Dec. 30 2024 Jan. 13, 27 2024 Feb. 10, 24 2024 Mar. 09
From Colon 2000, Panama to Puerto Caldera Port, Costa Rica	Dec. 23 2024 Jan. 06, 20 2024 Feb. 03, 17 2024 Mar. 02

YOUR BOAT



M/S PANORAMA

Motor Sailer

GENERAL INFORMATION

Length: 54 m

Launched: 1993 | Rebuilt: 2001 | Renovated: 2019

Cabins: 24

Capacity: 49 passengers

Crew: 16-18

The M/S PANORAMA is a 54 meter/24 cabin elegant motor sailer that was launched in 1993 and was last renovated in 2019.

This state of the art sail cruiser has performed several Atlantic Ocean crossings, has sailed from the Seychelles to Monte Carlo and from the Black Sea to Cuba, and offers the highest standard of accommodation, comfort and safety. The vessel complies with the most stringent SOLAS safety regulations.

Service on board is provided by your Captain, the Cruise Coordinator, and your experienced Marine and Hotel crew members. Service will be attentive or unobtrusive according to your preference and priority is always given to the safety and comfort of passengers. Organized excursions are available for most ports of call and can be pre-booked or reserved 24 hours in advance.



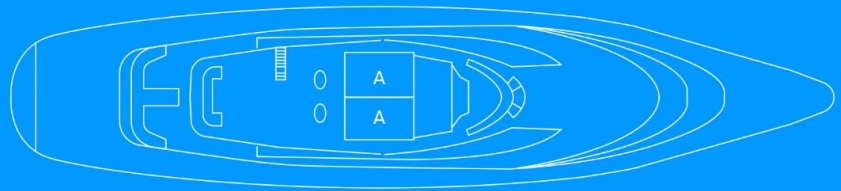
YOUR BOAT



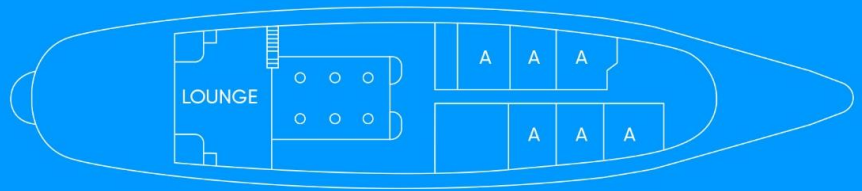
M/S PANORAMA

Motor Sailer

360°
SUN DECK



RIVIERA
MAIN DECK



OCEANS
LOWER DECK



The M/S PANORAMA is a 54 meter elegant motor sailer accommodating just 49 passengers in 24 outside cabins.

YOUR BOAT



M/S PANORAMA

Motor Sailer

CABIN SPECIFICATIONS

The PANORAMA's 24 cabins are located on 3 decks and are finished with wooden furniture and light fabrics. Cabins on the Upper and Main decks are equipped with windows while cabins on the lower deck have portholes. The fully equipped bathrooms are finished with marble or Corian materials. All cabins are air-conditioned and fitted with flat-screen TV, telephone (for internal use), hairdryers, mini-fridge, central music, public address system and safe boxes.

LIFE ON BOARD

During the day, life on board centers around the Lounge and Dining Room at the Main Deck as well as the Upper deck indoor and outdoor bar area and the sun deck. In the evening you can relax in one of the ship's lounges and enjoy a drink while listening to soft music. The swimming platform on PANORAMA's stern enables to swim when weather and anchorage conditions permit. The Captain will drop anchor at secluded bays and beautiful uninhabited islands where guests enjoy swimming and snorkeling*.

*Swim stops are not always guaranteed due to weather or other external factors. The Captain will inform the guests accordingly.



YOUR BOAT



M/S PANORAMA

Motor Sailer

MAIN DECK DINING ROOM

The classy dining room is surrounded by large windows providing beautiful views of the ports of call. The spacious dining room seats all passengers in a single, unassigned seating and food is served at the table or displayed on the state of the art hot & cold buffet.

MAIN DECK & UPPER DECK LOUNGE AREAS

The interior lounges have relaxing couches and comfortable lounge chairs where you can have a drink and gaze out of the large windows into the breathtaking sceneries you are cruising to, read a book, watch television or one of our documentaries on the next place you are visiting. Also, the outdoor area, located on the Upper Deck, provides beautiful views of the ports of call visited.

SUN DECK

The vessel features a Sun Deck with a sitting area to relax and enjoy unobstructed views and with ample Sun loungers' space to bask under the sun, read a good book or just gaze at the scenery.



